



Discovery Kids

Before and After School Care
NEWSLETTER
North Beach
May/June 2020



Welcome back to all our wonderful families at Discovery Kids!

We hope you and your loved ones have been safe and healthy during the last couple of months.

We are extremely excited to be back up and running and welcome everyone back at Discovery Kids. All our staff have been busy planning and preparing plenty of fun and exciting new activities and projects for this term.

We also have our term 2 Vacation Care Program ready, we are awaiting any new changes which may occur as we enter phase 3 of the ease of restrictions. So far, we have heaps of fun, on-site activities and themes all children will love. The program will be sent out next week.

WE HAVE A NEW DISCOVERY KIDS MEMBER.

Congratulations to Jessica and Sammy on the arrival of NADIA.
Welcome to the family!



DAILY REMINDERS

- ✓ A reminder to send hats and a water bottle for your child/children.
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!

BOOKING REMINDERS

Due to the uncertainty of the COVID19 situation and the Early Childhood Package we will not be taking any bookings through My Family Lounge. We will only be taking casual bookings. If you require care, please email us.

We are hoping things will change for term 3.

Thank you all for your support and understanding during these difficult times.

ON-SITE Mobile

If you need to contact the centre whilst your children are in care, the onsite mobile number is:

0452236918

The mobile will be in use during opening times 2.30pm-5:30pm from Monday-Friday after school!



HOME ROOM



REMEMBER TO FOLLOW YOUR CHILD'S PROGRESS ON HOMEROOM PARENT TIPS AND HELPFUL INFORMATION IS ALSO AVAILABLE UNDER THE "PARENT" Folder

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.

SUSTAINABILITY/FAMILY/COMMUNITY INVOLVEMENT at Discovery Kids

This term the children at OLG have loved making all types of different art and craft using recycled paper. Some of our favourites include kite's, paper planes, chatter boxes and puppets.



IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them. Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases. For more information, visit:

<https://beta.health.gov.au/healthtopics/immunisation>

And

<https://campaigns.health.gov.au/immunisationfact>

Advertise on our page!

We would love to promote your business on our next newsletter as community involvement, Please get in contact with the qualified at your centre so we can help you advertise your business here at Discovery Kids.



The number 4 is the only number that has the same number of letters in it

Parents and Guardians

We are currently reviewing the following Policies. We welcome any feedback you may have in regard to these. Please feel free to let us know or contact us via email if you wish to contribute.

Pg 155-157 Family Communication Policy

Pg 145 Gender Equity Policy

Pg 179-184 Governance Policy

[Pg 185-187](#) Grievance and Staff Conflict Policy

Pg 160-161 Grievance Policy for Families

Pg 158-159 Grievance Policy (General)

FAMILY INPUT

Here at Discovery Kids we value everybody's opinion. If you have any input about activities, projects, the program, menu ideas or anything else that you would like to see happen at discovery Kids please let us know via email, phone or speak to any of our staff members.

Importance of Physical Activity

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.



A minimum of 30 minutes a day for both you and your child can allow you to enjoy these benefits.

For more information please visit:

<https://www1.health.gov.au/internet/main/publishing.nsf/Content/phy-activity>

Child Protection and Family Support

Child Protection and Family Support are an integral part of the Discovery Kids Staff Training Program. Each year all staff participate in a Child Protection workshop and online course.

Child Protection and Family Support protects and cares for Western Australian children and young people who are in need and supports families and individuals who are at risk or in crisis. For more information please visit-

<https://www.communities.wa.gov.au/services/child-protection-and-family-support/>

Favourite Recipe of the month at Discovery Kids

Ingredients

- 1 cup self-raising flour
- 1 tbsp sugar
- 1 egg, lightly beaten
- 50g melted butter

Method

Combine all dry ingredients into a large bowl.

In a separate bowl mix all wet ingredients together.

Combine dry and wet ingredients and mix well together.

Fry in a pan with a little oil or butter and enjoy!





Australian Government
Department of Education,
Skills and Employment

Help make sure your families' Child Care Subsidy continues

Dear Families

If you received Child Care Subsidy (CCS) for 2018-19, you must confirm your income with Centrelink. This includes CCS paid directly to you and CCS paid on your behalf to a child care provider.

Most parents have already confirmed their income, but if you haven't, do it now.

If you don't confirm your 2018-19 income by 30 June 2020, your CCS will stop from 13 July 2020.

To confirm your income with Centrelink, you and your partner need to either:

- lodge your tax returns with the Australian Taxation Office (ATO)
- complete an 'Advise non-lodgement of tax return' with Centrelink, if you don't need to lodge a tax return.

You complete the 'Advise non-lodgement of tax return' in your [Centrelink online account](#) through [myGov](#) or your [Express Plus Centrelink mobile app](#).

If you've already confirmed your family income for 2018-19, there's nothing else you need to do.

Find out more about [Child Care Subsidy](#) on the Services Australia website.

Novel coronavirus (2019-nCoV)

Information for Parents

An outbreak of novel coronavirus (2019-nCoV) was detected in Wuhan, Hubei Province, China in late December 2019.

Exclusion from School or Early Childhood Centres

If you have been informed by Public Health authorities that your child is a close contact of a confirmed case of the novel coronavirus (2019-nCoV), even if they don't have symptoms, they cannot attend school or childcare until Public Health informs you that it is safe for them to do so.

If your child has recently travelled to mainland China and has developed symptoms (listed below), contact your usual doctor for assessment who will liaise with Public Health authorities and determine whether or not your child needs to be excluded from school or child care.

If your child has recently travelled to mainland China and has not developed any of the symptoms (listed below), they may attend their school or early childhood centre and should not be excluded.

What is this virus?

Coronaviruses can make humans and animals sick. Some coronaviruses can cause illness similar to the common cold and others can cause more serious diseases, including Severe Acute Respiratory Syndrome (SARS) and Middle East respiratory syndrome (MERS).

The virus originating in Hubei Province, China is called 'novel' because it is new. It had not been detected before this outbreak. Most people infected live in, or travelled to, Hubei Province, China. There have been cases of 2019-nCoV reported in other Chinese provinces and other countries. It is likely that the virus originally came from an animal, and there is now evidence that it can spread from person-to-person.

What are the symptoms?

Symptoms include (but are not limited to) fever, cough, sore throat, fatigue and shortness of breath.

What if my child is sick now or within 14 days of being in

Hubei Province?

If your child develops mild symptoms:

- keep your child at home and do not send them to school or child care;
- call your usual doctor or local hospital and tell them your child may have novel coronavirus infection; and
- when you get to the doctor's clinic or hospital, tell them again that your child may have novel coronavirus.

Novel coronavirus (nCoV) 1

If your child has serious symptoms such as shortness of breath:

- • call **000** and ask for an ambulance; and
- • tell the paramedic that your child may have novel coronavirus infection.
- • your doctor will test your child for 2019-nCoV and provide advice on management. You will also be contacted by Public Health officers who will provide you with more information.

Students with symptoms should be excluded from attending schools and early childhood centres until symptoms have resolved. If they have been diagnosed with 2019-CoV they should not attend school or childcare until they are cleared by public health authorities. If students have other respiratory illness (i.e. flu), they should not attend school irrespective of whether there is a concern about nCoV.

How can I help prevent the spread of 2019-nCoV?

- • teach and encourage your children to wash their hands often with soap and water before and after eating as well as after attending the toilet;
- • avoid contact with others by keeping children home if they are unwell;
- • teaching children to cough and sneeze into their elbow; and
- • while it's not possible to avoid touching, kissing, and hugging children, parents and guardians should do their best to follow these steps too.

Where can I get more information?

Visit the Australian Government Department of Health homepage at www.health.gov.au

Call the Public Health Information Line on 1800 044 599.

Contact your state or territory public health agency:

- • ACT call 02 5124 9213 during business hours or (02) 9962 4155 after hours
- • NSW call 1300 066 055
- • NT call 08 8922 8044
- • Qld call 13HEALTH (13 43 25 84)
- • SA call 1300 232 272
- • Tas call 1800 671 738
- • Vic call 1300 651 160
- • WA visit <https://www.healthywa.wa.gov.au/> or call your local [public health unit](#)