



Discovery Kids

Before and After School Care

NEWSLETTER

St Dominic

August 2020



discoverykidsc



DiscoveryKids



Welcome back to Discovery Kids for Term 3. We hope everyone had a lovely school holiday and you have all settled in nicely for the new term. Last term the children were asked what they would like to do at Discovery Kids. We have made note of their interests and are extremely excited to incorporate them into our program over the coming weeks.

Some children have asked to spend some more time outside on the playground, kicking a ball and playing games with their friends. Please make sure your children have a hat and jumper in their bags for them to use so we can take them outside for some fun play.

DAILY REMINDERS

- ✓ A reminder to send hats, jumpers and a water bottle for your child/children.
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!

ON-SITE Mobile

If you need to contact the centre whilst your children are in care, the email is

discoverykidsstdoms@outlook.com

The mobile will be in use during opening times 2.00pm-6:00pm from Tuesday-Thursday before and after school!

BOOKING REMINDERS

- ✓ Statements are sent out weekly, if you do not receive your statement please email discovery_kids@outlook.com and for all other booking inquiries
- ✓ Fees work on block times-
- ✓ ASC 2.30-6pm \$35
- ✓ Tuesday-Thursday BSC and ASC
- ✓ PERMANENT BOOKINGS - 7 days notice is required to cancel a permanent booking to qualify for a 50% holiday rate OR to change to another day within that week
- ✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking
- ✓ REMINDER - UP TO DATE FEES

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.



HOME ROOM



REMEMBER TO FOLLOW YOUR CHILD'S PROGRESS ON HOMEROOM PARENT TIPS AND HELPFUL INFORMATION IS ALSO AVAILABLE UNDER THE "PARENT" Folder

SUSTAINABILITY/FAMILY/COMMUNITY INVOLVEMENT at Discovery Kids

The children used recycled materials we found left over from previous activities around the room and from what we have collected in our recycling bins to create ocean themed art to celebrate World Oceans Day. Some children worked together to colour in a wave on old used paper and other children used a paper plate to make a fish and other sea creatures which they decorated with milk bottle lids, sting, ring pulls and other recycled materials.



Parents and Guardians

We are currently reviewing the following Policies. We welcome any feedback you may have in regard to these. Please feel free to let us know or contact us via email if you wish to contribute.

Pg 24-25 Multicultural Religious Beliefs Policy

Pg 162-163 Non-English Speaking Background Policy

Pg 92-96 Nutrition, Food and Beverage Policy

Pg 164 Open Door Policy

Pg 165-166 Orientation Policy for Families

Pg 195-196 Payment of Fees Policy



The giant squid has the largest eyes in the world.



JUST FOR LAUGHS

Of course I talk to my self.



Sometimes I need expert advice.

Importance of Physical Activity

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.



A minimum of 30 minutes a day for both you and your child can allow you to enjoy these benefits.

For more information please visit:

<https://www1.health.gov.au/internet/main/publishing.nsf/Content/phy-activity>

Vacation Care

Over the July school holidays the children participated in heaps of exciting and fun activities. We celebrated NAIDOC week and had an Australian themed cooking day. The children made damper, went on a witchetty grub hunt with snake lollies, made chocolate crackles and vegemite scrolls. We tested our fine and gross motor skills in 'Minute to Win It' games, showed our creativity and imagination when we made some fantastic clay sculptures, decorated cupcakes and made our own kites. We dressed up in costumes for a Discovery Kids party and our pyjamas for a movie day, did some science experiments such as walking water, nebula jars. The children also showed off their amazing talents by performing in a 'Discovery Kids Got Talent' show and spent plenty of time outdoors running around and playing with their friends kicking the footy and participating in team games such as Farmer Sam, Red light-Green light, Octopus and What's the Time Mr Wolf.



Child Protection and Family Support

Child Protection and Family Support are an integral part of the Discovery Kids Staff Training Program. Each year all staff participate in a Child Protection workshop and online course. Child Protection and Family Support protects and cares for Western Australian children and young people who are in need and supports families and individuals who are at risk or in crisis. For more information please visit-
<https://www.communities.wa.gov.au/services/child-protection-and-family-support/>

IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them. Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases. For more information, visit:
<https://beta.health.gov.au/healthtopics/immunisation>
And
<https://campaigns.health.gov.au/immunisationfacts>

Favourite Recipe of the month at Discovery Kids

- 250 g self-raising flour
- 1/2 tsp salt
- 25g unsalted butter, chilled and cubed
- 175 ml milk
- Mix the flour with the salt in a large bowl. Add the butter and rub it into the flour with your fingers, until it resembles fine crumbs.
- Stir the milk with a butter knife to make a soft dough.
- Turn out onto a lightly floured surface and shape into a soft, smooth ball.
- Set the ball of dough onto a tray or baking sheet. Cut a deep cross in the dough and brush lightly with milk.
- Bake at 190C for 30 minutes until golden.
- Serve warm or at room temperature with jam

Advertise on our page!

We would love to promote your business on our next newsletter as community involvement, Please get in contact with the qualified at your centre so we can help you advertise your business here at Discovery Kids.

FAMILY INPUT

Here at Discovery Kids we value everybody's opinion. If you have any input about activities, projects, the program, menu ideas or anything else that you would like to see happen at Discovery Kids



Australian Government
Department of Education,
Skills and Employment

Help make sure your families' Child Care Subsidy continues

Dear Families

If you received Child Care Subsidy (CCS) for 2018-19, you must confirm your income with Centrelink. This includes CCS paid directly to you and CCS paid on your behalf to a child care provider.

Most parents have already confirmed their income, but if you haven't, do it now.

If you don't confirm your 2018-19 income by 30 June 2020, your CCS will stop from 13 July 2020.

To confirm your income with Centrelink, you and your partner need to either:

- lodge your tax returns with the Australian Taxation Office (ATO)
- complete an 'Advise non-lodgement of tax return' with Centrelink, if you don't need to lodge a tax return.

You complete the 'Advise non-lodgement of tax return' in your [Centrelink online account](#) through [myGov](#) or your [Express Plus Centrelink mobile app](#).

If you've already confirmed your family income for 2018-19, there's nothing else you need to do.

Find out more about [Child Care Subsidy](#) on the Services Australia website.

Novel coronavirus (2019-nCoV)

Information for Parents

An outbreak of novel coronavirus (2019-nCoV) was detected in Wuhan, Hubei Province, China in late December 2019.

Exclusion from School or Early Childhood Centres

If you have been informed by Public Health authorities that your child is a close contact of a confirmed case of the novel coronavirus (2019-nCoV), even if they don't have symptoms, they cannot attend school or childcare until Public Health informs you that it is safe for them to do so.

If your child has recently travelled to mainland China and has developed symptoms (listed below), contact your usual doctor for assessment who will liaise with Public Health authorities and determine whether or not your child needs to be excluded from school or child care.

If your child has recently travelled to mainland China and has not developed any of the symptoms (listed below), they may attend their school or early childhood centre and should not be excluded.

What is this virus?

Coronaviruses can make humans and animals sick. Some coronaviruses can cause illness similar to the common cold and others can cause more serious diseases, including Severe Acute Respiratory Syndrome (SARS) and Middle East respiratory syndrome (MERS).

The virus originating in Hubei Province, China is called 'novel' because it is new. It had not been detected before this outbreak. Most people infected live in, or travelled to, Hubei Province, China. There have been cases of 2019-nCoV reported in other Chinese provinces and other countries. It is likely that the virus originally came from an animal, and there is now evidence that it can spread from person-to-person.

What are the symptoms?

Symptoms include (but are not limited to) fever, cough, sore throat, fatigue and shortness of breath.

What if my child is sick now or within 14 days of being in

Hubei Province?

If your child develops mild symptoms:

- keep your child at home and do not send them to school or child care;
- call your usual doctor or local hospital and tell them your child may have novel coronavirus infection; and
- when you get to the doctor's clinic or hospital, tell them again that your child may have novel coronavirus.

Novel coronavirus (nCoV) 1

If your child has serious symptoms such as shortness of breath:

- • call **000** and ask for an ambulance; and
- • tell the paramedic that your child may have novel coronavirus infection.
- • your doctor will test your child for 2019-nCoV and provide advice on management. You will also be contacted by Public Health officers who will provide you with more information.

Students with symptoms should be excluded from attending schools and early childhood centres until symptoms have resolved. If they have been diagnosed with 2019-CoV they should not attend school or childcare until they are cleared by public health authorities. If students have other respiratory illness (i.e. flu), they should not attend school irrespective of whether there is a concern about nCoV.

How can I help prevent the spread of 2019-nCoV?

- • teach and encourage your children to wash their hands often with soap and water before and after eating as well as after attending the toilet;
- • avoid contact with others by keeping children home if they are unwell;
- • teaching children to cough and sneeze into their elbow; and
- • while it's not possible to avoid touching, kissing, and hugging children, parents and guardians should do their best to follow these steps too.

Where can I get more information?

Visit the Australian Government Department of Health homepage at www.health.gov.au

Call the Public Health Information Line on 1800 044 599.

Contact your state or territory public health agency:

- • ACT call 02 5124 9213 during business hours or (02) 9962 4155 after hours
- • NSW call 1300 066 055
- • NT call 08 8922 8044
- • Qld call 13HEALTH (13 43 25 84)
- • SA call 1300 232 272
- • Tas call 1800 671 738
- • Vic call 1300 651 160
- • WA visit <https://www.healthywa.wa.gov.au/> or call your local [public health unit](#)