



Discovery Kids

Before and After School Care

OCTOBER NEWSLETTER



Hello to all our wonderful families at Discovery Kids. We have had another great start to term 4 and have been keeping busy with plenty of exciting projects and activities. During the term the children have enjoyed participating in sensory activities, family involvement, nature and outdoor play.

The Christmas Vacation Care program will be sent out with all our favourite incursions, excursions and our great activities.

A reminder that all casual bookings are to be made via the My Family Lounge App. Visit our website www.discoverykidsoshc.com for more information on bookings or please do not hesitate to email us on discoverykidsolgc@outlook.com or discoverykidsolg@outlook.com Enjoy the last few weeks of the 2019 school year.

BOOKING REMINDERS

- ✓ Statements are sent out weekly, if you do not receive your statement please email discovery_kids@outlook.com and for all other booking inquiries
- ✓ Fees work on block times- BSC 7-9am \$25
- ✓ ASC 2.30-6pm \$35
- ✓ PERMANENT BOOKINGS – 7 days notice is required to cancel a permanent booking to qualify for a 50% holiday rate OR to change to another day within that week
- ✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking
- ✓ REMINDER – UP TO DATE FEES
Please ensure all fees are paid for and up to date
- ✓ Please ensure all details, new or changed are up to date via the **My Family Lounge** app.

Parents and Guardians.

We are currently reviewing the following Policies. We welcome any feedback you may have in regards to these. Please feel free to let us know or contact us via email if you wish to contribute.

Policy

Pg 114-116 Sick Children Policy

Pg 198-199 Student and Voluntary Workers Policy

Pg 117-119 Sun Safety Policy

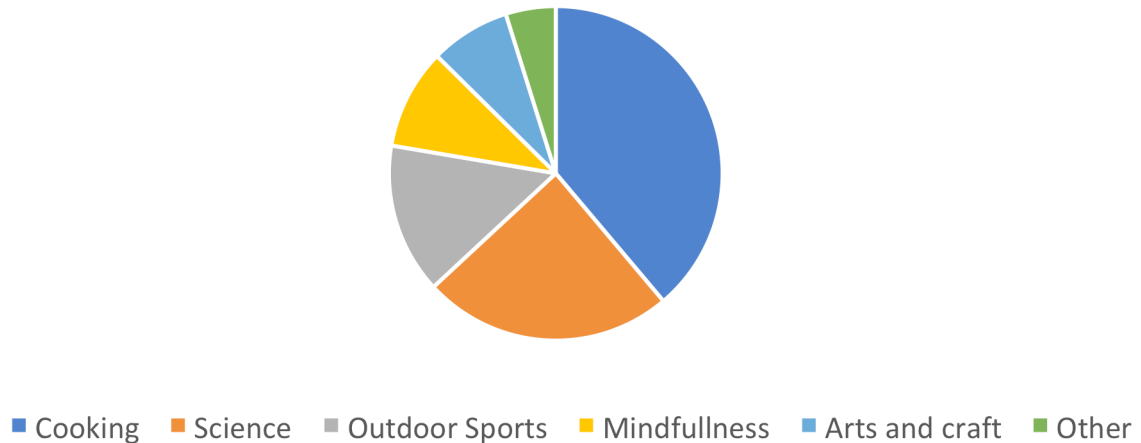
Pg 120-123 Supervision Policy

Pg 29-30 Technology Media Policy

Family input and participation

Thank you to all the parents and Discovery Kids who have contributed to our survey! Your feedback at Discovery Kids is very important to us as this allows us to know how we can improve as a service and what you would like to include in our programs. Below are the results of the survey. We have taken this feedback into consideration and have been applying and will continue to apply these suggestions in our program.

Parent feedback



SUSTAINABILITY/FAMILY/COMMUNITY INVOLVEMENT at Discovery Kids

This month at Discovery Kids the children have enjoyed using recycled materials like boxes, cardboard, paper, plastics and other materials. We have loved getting creative and using our imagination to make some incredible master pieces.



Favourite Recipe of the month **at Discovery Kids**

Yummy pancakes

- 1 cup self-raising flour.
- 1 tbsp sugar
- 1 egg, lightly beaten
- $\frac{3}{4}$ cup milk
- 50g melted butter
- 1 tbsp vanilla essence

Mix all dry ingredients in a bowl and all wet ingredients in a separate bowl.

Add wet ingredients to dry and mix well. Use butter in a hot pan to cook pancakes on both sides. Add blue berries, choc chips, banana slices or any other toppings of your choice and enjoy!

Child Protection and Family Support

Child Protection and Family Support are an integral part of the Discovery Kids Staff Training Program. Each year all staff participate in a Child Protection workshop and online course. Child Protection and Family Support protects and cares for Western Australian children and young people who are in need and supports families and individuals who are at risk or in crisis. For more information please visit-

<https://www.communities.wa.gov.au/services/child-protection-and-family-support/>

IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them.

Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases. For more information:

~<https://beta.health.gov.au/healthtopics/immunisation>

~<https://campaigns.health.gov.au/immunisationfacts>

Did you know?

did you know?

Dolphins sleep with one eye open. When a dolphin goes into deep sleep mode, only one half of their brain rests at a time while the other half remains active, keeps an eye out for predators, and prevents them from drowning. Thanks to this adaptive behavior, they can stay alert and awake for 15 days or more.

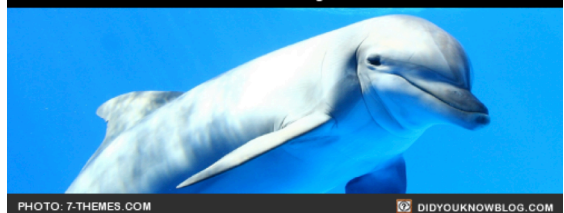


PHOTO: 7-THemes.COM

DIDYOUKNOWBLOG.COM

DAILY REMINDERS

- ✓ A reminder to send hats and a water bottle for your child/children.
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!



REMEMBER TO FOLLOW YOUR CHILD'S PROGRESS ON HOMEROOM. PARENT TIPS AND HELPFUL INFORMATION IS ALSO AVAILABLE UNDER THE "PARENT" Folder.

WHAT'S ON IN PERTH!!

Weekend NOTES

<https://www.weekendnotes.com/perth/>

City of Stirling- Free events
<https://www.stirling.wa.gov.au/leisure-and-culture/arts-and-events/events-calendar>

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.

PHYSICAL ACTIVITY!!! WHY IS IT SO IMPORTANT??

Check out these interesting weblinks about the importance of Physical Activity:

<https://www.maggiedent.com/blog/importance-movement-and-play/>

https://www.education.wa.edu.au/documents/43634944/0/PHYSICAL+ACTIVITY_FACTS_HEETS_WEB.pdf/06adbbbbe-a715-4b2d-9cbc-791704e74a16

Sun Smart

Leading up to the warmer months it is crucial to be sun smart. Download the Sun Smart App which gives you advice/information on sun protection for you and your family.

