



Discovery Kids

Before and After School Care
NEWSLETTER
Our Lady of Good Counsel
October 2020



discoverykidsele



DiscoveryKids



Dear Parents

It's hard to believe that we are approaching midway of Term 4. We started the term with some lovely memories from our fun and exciting Vacation Care.

As we all work our way through the final weeks of term, we will be organising lots of fun and interesting activities and look forward to participating in lots of Christmas craft!! The Vacation Care Program is accompanying this newsletter. We look forward to receiving your bookings.

Enjoy the final weeks of term.

DAILY REMINDERS

- ✓ A reminder to send hats, jumpers and a water bottle for your child/children.
- ✓ If your details have changed please update them via "My Family Lounge" App
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!

ON-SITE Mobile

If you need to contact the centre whilst your children are in care, the onsite mobile number is:

The mobile will be in use during opening times 7:00am-9:00am and 2.30pm-6:00pm from Monday-Thursday before and after school!

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.

BOOKING REMINDERS

- ✓ Statements are sent out weekly, if you do not receive your statement please email discovery_kids@outlook.com and for all other booking inquiries
- ✓ Fees work on block times- BSC 7-9am \$25
- ✓ ASC 2.30-6pm \$35
- ✓ OLGC- Monday-Thursday BSC and ASC
- ✓ PERMANENT BOOKINGS – 7 days notice is required to cancel a permanent booking to qualify for a 50% holiday rate OR to change to another day within that week
- ✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking
- ✓ REMINDER – UP TO DATE FEES
Please ensure fees are paid for and up to date



HOME ROOM



REMEMBER TO FOLLOW YOUR CHILD'S PROGRESS ON HOMEROOM PARENT TIPS AND HELPFUL INFORMATION IS ALSO AVAILABLE UNDER THE "PARENT" Folder

SUSTAINABILITY/FAMILY/COMMUNITY INVOLVEMENT at Discovery Kids

This term we have been looking at new ways to implement more recyclable, friendly activities during before and after school care. We are using all our recycled paper and materials left over from previous activities to create and design new craft projects. The children have enjoyed making stress balls from old playdough and using cardboard boxes that were donated by the kindy, to paint our own portraits and make doll houses.



Parents and Guardians

We are currently reviewing the following Policies. We welcome any feedback you may have in regard to these. Please feel free to let us know or contact us via email if you wish to contribute.

Pg 133-134 Relief Staff Policy

Pg 149 Respect for Children

Pg 135-138 Responsible Persons
Policy

Pg 197 Retention of Records Policy

Pg 113 Safe Storage of Hazardous
Substances Policy

**Did
you
know?**



Did you know the average human brain contains around 78% water.

JUST FOR LAUGHS



Importance of Physical Activity

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.



A minimum of 30 minutes a day for both you and your child can allow you to enjoy these benefits. For more information please visit:

<https://www1.health.gov.au/internet/main/publishing.nsf/Content/phy-activity>

VACATION CARE HIGHLIGHTS



IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them.

Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases.

For more information, visit:

<https://beta.health.gov.au/health-topics/immunisation>

And

<https://campaigns.health.gov.au/immunisationfacts>

Favourite Recipe of the month at Discovery Kids

Vegemite

Cheese

pastry

Spread a thin layer of vegemite onto the pastry and add a layer of cheese, roll the pastry, and cut into thin slices.

Bake in the oven on 150 for 30 minutes

FAMILY INPUT

At Discovery Kids we value everybody's opinion. If you have any input about activities, projects, the program, menu ideas or anything else that you would like to see happen at Discovery Kids please let us know via email, phone or speak to any of our staff members.

COVID-19 INFORMATION

As the end of the year approaches, some families may choose to leave Western Australia to travel to interstate or overseas destinations.

As the COVID-19 pandemic is constantly evolving, sometimes rapidly, We encourage you to evaluate the necessity and impact of planned travel over the upcoming Christmas holiday break. For example, the Western Australian state government requires overseas travellers to undertake mandatory quarantine in a Perth hotel at their own expense.

Should you wish to travel, We ask that you consult the following websites and contact numbers to inform yourself about border restrictions, exemptions and quarantine requirements:

Entry to Australia

Website: [COVID-19 Entering Australia](#)

Phone: 1800 020 080

Entry to Western Australia

Website: [COVID-19 Entering Western Australia](#)

Phone: 13 26 843

We ask that if you intend to attend Vacation Care that you follow the correct guidelines and advise us of any interstate and/or international travel. Please do not attend the centre if you have:

- a) Unwell- flu like symptoms
- b) Have been in contact with anyone who has arrived from overseas
- c) Have been in contact with anyone who has tested positive to COVID-19
- d) Returned to Australia from overseas