



Discovery Kids

Before and After School Care

NEWSLETTER

Holy Rosary

February 2021



discoverykidsele



DiscoveryKids



Welcome back to Discovery Kids for a new school year! We had a fun filled school holidays with lots of activities that children thoroughly enjoyed such as excursions to Latitude, movies and mini golf. Along with incursions such as a bouncy castle, Farm Animals and Game Vault.

We have had a great start to our 2021 year getting to know new children and welcoming back returning children of Discovery Kids. Lots of fun activities have been happening at Discovery Kids with painting, salt dough making, celebrating Luna New Year, chalk drawings and lots of outdoor play with our friends. We look forward to our term 1 plans and welcoming you all to our Discovery Kids Community.

A big congratulations to our OLG Coordinator Bec and her family on their baby news!



IT'S A BOY!



Due August

DAILY REMINDERS

- ✓ A reminder to send a spare hat and a water bottle for your child/children.
- ✓ If your details have changed please update them via "My Family Lounge" App
- ✓ Please do not forget to sign your child in and out. This is extremely important and a legal requirement!

BOOKING REMINDERS

- ✓ Statements are sent out weekly, if you do not receive your statement please email discovery_kids@outlook.com and for all other booking inquiries
- ✓ Fees work on block times- BSC 7-9am \$25
- ✓ ASC 2.30-6pm \$35
- ✓ Monday-Friday BSC and ASC
- ✓ PERMANENT BOOKINGS – 7 days notice is required to cancel a permanent booking to qualify for a 50% holiday rate OR to change to another day within that week
- ✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking
- ✓ REMINDER – UP TO DATE FEES Please ensure fees are paid for and up to date

ON-SITE Mobile

If you need to contact the centre whilst your children are in care, the onsite mobile number is: 04010 656 534

The mobile will be in use during opening times: 7:00am – 9:00am and 2:00pm – 6:00pm

SUSTAINABILITY/FAMILY/COMMUNITY INVOLVEMENT

Our sustainability activity for this month was our fabulous planting activity using recycled yoghurt pots that we painted and then planting some flowers inside to take home!



This term at Discovery Kids we are collecting "Containers For Change". Please bring in your recycled containers as we would love to collect as many as possible and the money raised will be donated to a chosen charity!

Parents and Guardians

We are currently reviewing the following Policies. We welcome any feedback you may have in regard to these. Please feel free to let us know or contact us via email if you wish to contribute.

- Pg 39-41 Arrival & Departure of Children Policy
- Pg 139-141 Behaviour Guidance Policy
- Pg 22-23 Celebrations Policy
- Pg 42-44 Child Protection Policy
- Pg 162 Children's Belongings Policy
- Pg 163 Clothing Policy

Did
you
know?

It is very rare to be able to touch
the palms of your hands to your
shoulders?!

JUST FOR LAUGHS

Son: "Dad, can you tell me
what a solar eclipse is?"

Dad: "No sun."

Importance of Physical Activity

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.



A minimum of 30 minutes a day for both you and your child can allow you to enjoy these benefits. For more information please visit:

<https://www1.health.gov.au/internet/main/publishing.nsf/Content/phy-activity>

IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them.

Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases. For more information, visit:
<https://beta.health.gov.au/healthtopics/immunisation>
And
<https://campaigns.health.gov.au/immunisationfacts>

Recipe of the Month School Day Smoothies!

½ Cup frozen berries
½ Cup natural yoghurt
½ Cup orange juice
1 banana

Blend all ingredients together for a healthy, fruity smoothie!

Tip: Freeze the smoothie mix the night before into a sealed cup, pack into lunchbox the next day and the smoothie will be ready to drink by lunch time! Also tastes great frozen 😊

FAMILY INPUT

At Discovery Kids we value everybody's opinion. If you have any input about activities, projects, the program, menu ideas or anything else that you would like to see happen at Discovery Kids please let us know via email, phone or speak to any of our staff members.

Child Protection and Family Support

Child Protection and Family Support are an integral part of the Discovery Kids Staff Training Program. Each year all staff participate in a Child Protection workshop and online course. Child Protection and Family Support protects and cares for Western Australian children and young people who are in need and supports families and individuals who are at risk or in crisis. For more information please visit-
<https://www.communities.wa.gov.au/services/child-protection-and-family-support/>

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.



HOME ROOM

REMEMBER TO FOLLOW YOUR CHILD'S
PROGRESS ON HOMEROOM
WE LOVE SHARING PHOTOS OF THE DAY
WITH OUR DISCOVERY KIDS FAMILIES!

COVID-19 INFORMATION

Please make sure to advise us of any interstate and/or international travel, and please do not attend the centre if you or your child:

- a) Are unwell or have flu-like symptoms
- b) Have been in contact with anyone who has arrived from overseas
- c) Have been in contact with anyone who has recently tested positive to COVID-19
- d) Have recently returned to Australia from overseas

Should you wish to travel, we ask that you consult the following websites and contact numbers to inform yourself about border restrictions, exemptions and quarantine requirements:

Entry to Australia

Website: <https://covid19.homeaffairs.gov.au/coming-australia>

Phone: 1800 020 080

Entry to Western Australia

Website: <https://www.wa.gov.au/government/covid-19-coronavirus>

Phone: 13COVID (13 26843)