



Discovery Kids

Before and After School Care

NEWSLETTER

November 2019

Hi Everyone! What a wonderful start to Term 4 we have had!

Over the term, we are focusing on family and community involvement. At Discovery Kids, we value your input and suggestions to ensure we are doing the best job we can. We appreciate all the involvement we have had in our survey and have been applying these into our practices. Below are the results of our "Guess the Jelly Beans' Survey.

The Christmas Vacation Care is ready to be sent out. We have organised lots of fun and exciting activities and look forward to receiving your enrolments.

A reminder that all casual bookings are to be made via the My Family Lounge App. Visit our website www.discoverykidsoshc.com for more information on bookings or please do not hesitate to email us on discoverykidshr@outlook.com.

Enjoy the last few weeks of the 2019 school year.

ON-SITE Mobile

If you need to contact the centre whilst your children are in care, the onsite mobile number is:

0410 656 534

The mobile will be in use during opening times 7-9am and 2.30-6pm

Homework

At Discovery Kids we provide a quiet area and separate table for children to complete their homework. An educator is available to help the children and keep them on task. Please advise the educator on duty if you would like your child to complete their homework whilst at Discovery Kids.

BOOKING REMINDERS

- ✓ Statements are sent out weekly, if you do not receive your statement please email discovery_kids@outlook.com and for all other booking inquiries
- ✓ Fees work on block times- BSC 7-9am \$25
- ✓ ASC 2.30-6pm \$35
- ✓ PERMANENT BOOKINGS - **7 days** notice is required to cancel a permanent booking to qualify for a 50% holiday rate OR to change to another day within that week
- ✓ CASUAL BOOKINGS - Once a booking is made we cannot cancel and refund your fees unless a change is made within 24 hours of the booking
- ✓ **REMINDER - UP TO DATE FEES**
Please ensure all fees are paid for and up to date



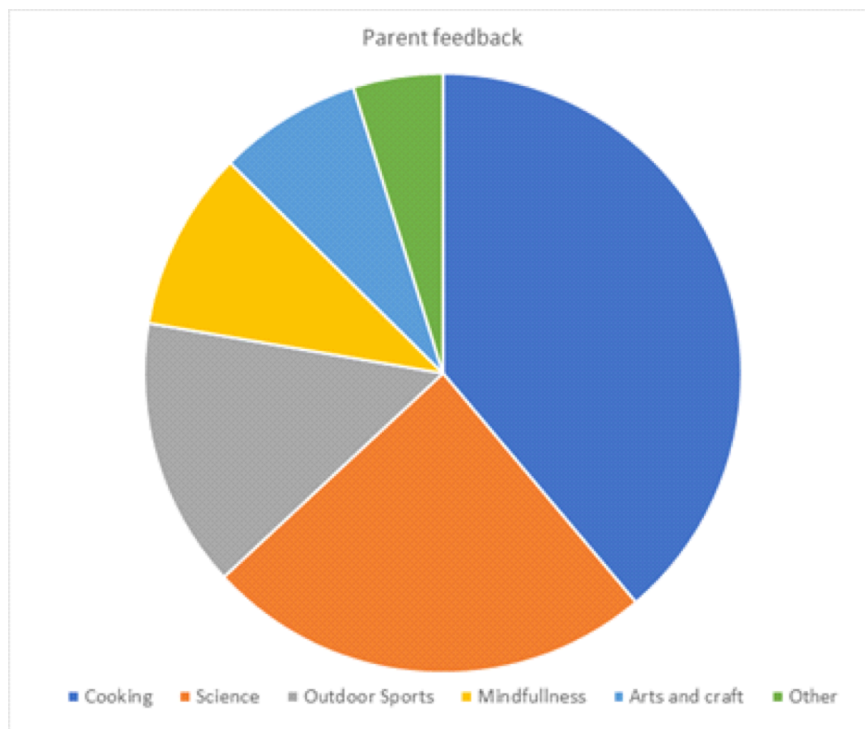
REMEMBER TO FOLLOW YOUR CHILD'S PROGRESS ON HOMEROOM



PARENT TIPS AND HELPFUL INFORMATION IS ALSO AVAILABLE UNDER THE "PARENT" Folder.

Family Input & Participation

Thank you to all the parents who contributed to our survey! Your feedback at Discovery Kids is very important to us as this allows us to know how we can improve as a service and what you would like us to include in our programs. Below are the results of the survey. We have taken this feedback into consideration and have been applying and will continue to apply these suggestions in our programming.



Parents and Guardians,

We are currently reviewing the following Policies. We welcome any feedback you may have in regards to these. Please feel free to let us know or contact us via email if you wish to contribute.

Pg 114-116 Sick Children Policy

Pg 198-199 Student and Voluntary Workers Policy

Pg 117-119 Sun Safety Policy

Pg 120-123 Supervision Policy

Pg 29-30 Technology Media Policy

SUSTAINABILITY/ FAMILY/ COMMUNITY INVOLVEMENT at Discovery Kids

Here at Discovery Kids, children have planted their very own Woolworths plants and created a 'Discovery Garden'. Over time, they have been taking it in turns to water and look after the plants. The children labelled their own plant and put these all together to create the garden. This project allowed children to feel a sense of belonging and identity.



Analysis of learning: 1.4, 1.5, 1.10, 1.11, 3.2, 3.3, 3.4

DAILY REMINDERS

- ✓ A reminder to send hats and a water bottle for your child/children.
- ✓ Please do not forget to sign your child in and out. This is **extremely important** and a **legal requirement**!

Did
you
know?

Blueberries will not ripen
until they are picked

Importance of Physical Activity

Physical activity or exercise can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.



A minimum of 30 minutes a day for both you and your child can allow you to enjoy these benefits.

For more information please visit:

<https://www1.health.gov.au/internet/main/publishing.nsf/Content/phy-activity>

Favourite Recipe of the month at Discovery Kids

Frozen Vanilla/ Strawberry Yoghurt Slice

Ingredients

- Milk arrowroot biscuits
- Yoghurt (vanilla/strawberry)
- Frozen berries (optional)



Method

1. Evenly break up biscuits into a deep tray
2. Pour yoghurt over biscuits until tray is full
3. If using frozen berries, spread throughout yoghurt
4. Place into freezer and freeze for about 3-5 hours.
5. Take out of freezer and allow to sit for about 15 minutes to slightly soften
6. Cut up into squares and enjoy!

New or changed details

If you are wanting to update or change your child's details for any reason, you will need to do so by logging onto my family lounge via our website.

www.discoverykidsoshc.com

WHAT'S ON IN PERTH!!

Weekend NOTES

<https://www.weekendnotes.com/perth/>

IMMUNISATION FOR PARENTS

FOR MORE INFORMATION PLEASE VISIT:

<https://campaigns.health.gov.au/immunisationfacts>



IMMUNISATION FOR CHILDREN

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them. Immunisation not only protects individuals, but also others in the community, by reducing the spread of preventable diseases.

For more information, visit:
<https://beta.health.gov.au/health-topics/immunisation>



EMERGENCY SERVICES PROCEDURES FIRE DRILL AND LOCKDOWN

Every term the staff and children take part in a fire drill and lock down procedure.

We follow the same procedures that the school follows.

We note the time it took to complete and review the effectiveness of the drill. We then post photos on HOMEROOM.



Child protection and Family Support

Child protection and Family Support are an integral part of the Discovery Kids Staff Training Program. Each year all staff participate in a Child Protection workshop and online course. Child Protection and Family Support protects and cares for Western Australian children and young people who are in need, and supports families and individuals who are at risk or in crisis. For more information please visit- <http://www.communities.wa.gov.au/services/child-protection-and-family-support/>



Families **About Our Curriculum ASC**

Our Curriculum is based on the My Time Our Place Framework and Early Learning Years Framework and involves careful planning (Curriculum Checklist) and Critical reflection which increases the value of children's time in our care. We ensure our educational program and practice responds to children's interests and scaffolds their learning.

It is important for families to have input into our program, you can do this by writing in the rooms 'Our Day' book, chatting to educators or by writing in our suggestion book found in the foyer.

It is important for our centre promote children's learning by: having holistic practices; being responsive to children; planning and implementing learning through play; intentional teaching; creating positive learning environments; valuing cultural and social contexts and providing continuity of learning experiences and assessment for practice.

QA 1.1.4



Updated October 2015